



Ligament

Connections equal strength

Meet our *Superstar* Physio!

CANDIDATE MV

Nationality

South African Female

Age Range

26 - 30

Experience Level

4 - 5 years

Desired Contract

Kiwi (to 12months)

Clinic Disciplines and Areas of Experience

Musculoskeletal, Sports, Pilates, Orthopaedics (pre & post operative), Cardiorespiratory, Rehabilitation (vocational / functional), Leading exercise classes, On field sports (sports teams), Working within a gym setting

Who am I ?

I am a hardworking and dedicated physiotherapist with a passion for human movement and function. Since my childhood I have always enjoyed participating in different types of sports. This participation schooled and directed me towards my profession and to have an interest in human movement, function and following a healthy lifestyle.

I regard myself as an organized individual and like to plan ahead whether in the workplace or in my personal life. I make the most of the opportunities I have which allow me to learn more and grow in my personal and professional life. I am caring and like to invest in the health and recovery of my patients. My goal is to guide and assist patients/individuals with their journey to living and managing a healthier lifestyle.

In my free time I enjoy attending hands-on courses applicable to physiotherapy or attending webinars that handles about human movement/training and conditioning that can assist me to provide the best possible treatment for my patients.

Interests

Since childhood I have always enjoyed participating in sports and staying active. I enjoy going to the gym and cross-training. I also enjoy trail-running, mountain-biking and playing a round of golf.

I love participating in team sports such as hockey and indoor netball because I enjoy being around people, especially while doing something active like sports.

Physio Interests

Most of my post-graduate education includes sports-related and musculoskeletal courses. I enjoy and would prefer working with the recreational sports person and musculoskeletal injuries and rehabilitation.



CPD to Note

Dry needling level 1 and 2 (optimal dry needling solutions) - Sports injury management (club physio) - Sports injuries and the application of Kinesiology Taping (club physio) - Mat Pilates Teachers Training (2016 - Basi Pilates) - Cool Concepts South of the Lumbar (Vital Touch) - Advanced Neuromusculoskeletal course Module 1: Introduction and Concepts



More about CANDIDATE MV

Quotes from References

Accuracy / Timeliness and Workload

Candidate MV took on all the responsibility with excitement and grace. She was confident in her knowledge and skills and also did what was best for her patients. Candidate MV rarely needed supervision as her work was of high standard and accurate.

Strengths

Candidate MV is a people person - she is kind, energetic, friendly and shows compassion to others. The patients enjoyed having her as a therapist - she listened and went beyond to do what may make their lives easier and functional.

Further Comments

Easy going personality, softly spoken, kind and diligent.

Work Values Assessment

The Work Values Assessment measures a person's values helping to determine whether they are happy in specific environments. It measures the importance of the following 14 factors:

1. **Autonomy:** The ability to choose for yourself what to do and when to do it.
2. **Creativity:** The opportunity to use imagination at work and come up with new and original things.
3. **Variety:** Working on various thing simultaneously or being part of adventurous or exciting work.
4. **Self-development:** Room for the ambition to develop further both professionally and personally.
5. **Structure:** Fixed routines and activities with clear frameworks and timelines.
6. **Security:** Clarity with regards to financial security and prospects for the future.
7. **Influence:** The opportunity to influence others and contribute to discussions that influence decisions.
8. **Prestige:** Work that gives you standing or status in the community. Being held in high regard.
9. **Performance:** The opportunity to demonstrate what you are capable of. Reward and recognition for individual effort.
10. **Financial reward:** The ability to earn a good salary.
11. **Work-life balance:** Striking a good balance between work and personal life. Flexibility regarding work, rest, and holidays.
12. **Working conditions:** Work is done in a pleasant environment under favourable working conditions.
13. **Work relationships:** Having pleasant social contact with nice colleagues.
14. **Altruism:** Helping others through the work you do.

Work Values



Work Values Results

Candidate MV scores high on performance. She wants to see the results of her efforts and the opportunity to distinguish herself. Candidate MV also scores high on work conditions. Her surroundings at work are important to her and she prefers to work in pleasant and comfortable surroundings.





More about CANDIDATE MV

Career Values

Value 1

RELATIONSHIPS - Opportunities to build strong relationships with friendly and supportive co-workers. Prefers an environment where one can build relationships with colleagues and patients.

Value 2

ACHIEVEMENT - Wants to see results and get a feeling of accomplishment.

Value 3

SUPPORT - Thrives when comfortable with the style of management and manager is considerate, competent and fair.

Temperament Typology Explained

Temperament refers to a person's inborn qualities. This assessment measures extraversion on one axis and task or people orientation on the other.

Leopards (L1) are task-orientated introverts.

Lions (R1) are task-orientated extroverts.

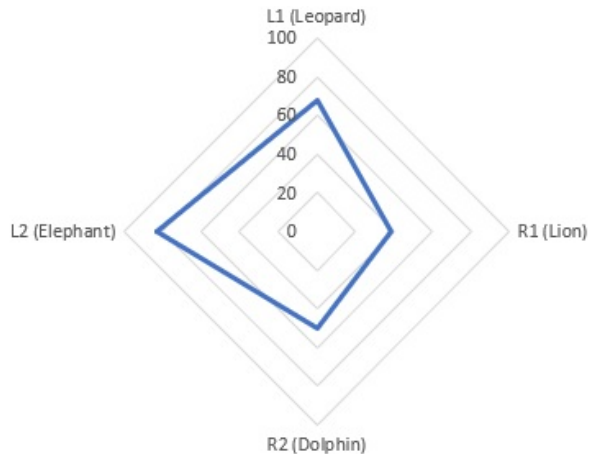
Dolphins (R2) are people-orientated extroverts.

Elephants (L2) are people-orientated introverts.

Temperament Typology

Candidate MV is an Elephant, people-oriented introvert. She is a committed hard worker. Candidate MV is a clear, detailed and polite communicator. In conflict she will try to preserve the relationship by trying not to hurt other's feelings and find a compromising solution.

Temperament Graphic



Temperament Typology Result

Leopard (L1)	68
Lion (R1)	39
Dolphin (R2)	50
Elephant (L2)	83



Working with the Ligament Team



When working with our Team, we have found Candidate MV communicates well and follows instructions accurately. She is quiet and worked diligently on all her tasks. Candidate MV is looking forward to some semi "city living" after spending the last few years in rural South Africa. She would make a wonderful addition to any team.